As a 14 year old in Reykjavik, Ákadóttir began her musical career, exploring the vast universe of experimental music while retaining a massive heart at her core. Over the past 12 years, Ákadóttir has released 12 records, including as a member of Pascal Pinon and Samaris, collaborated with renowned artists Ólafur Arnalds and Damien Rice, scored the award-winning Icelandic film Backyard Village, and garnered fans across the world – including Björk, who cites Ákadóttir as an inspiration. Following 2017's Brazil, her first record as JFDR, Ákadóttir returned with 2020's New Dreams, "very haunting, electro-pop music, that's very subtle, very inward looking" (NPR Music) and "the kind of album that might give you space to reach your own small revelations" (Stereogum).