The Lemonheads have returned with a superb new single "Fear Of Living" and a stellar Bside "Seven Out", which are out now via Fire Records.

The first new material from The Lemonheads and Evan Dando in years, these new tracks arrive in support of Evan Dando's upcoming solo tour that begins in October.

"Fear Of Living" is a reflecJve upbeat slice of perfect pop with a griKer Evan at the helm and a riff that's plucked from the very heart of rock 'n' roll. Evan played all the instruments on the recording, which was recorded and produced by Apollo Nove at A9 Audio in São

Paulo, Brazil. Evan is working on the first original Lemonheads album since 2006.

Another of careful choice of outsider pop, 'Seven Out' is a cover of The Vaselines and Eugenius' Eugene Kelly's bittersweet track. Also recorded in São Paulo, the B-side sees Evan joined by Jeff Berg on bass and Erin Rae on backing vocals.