

Kate Bollinger, the Virginia-born, LA-based multidisciplinary artist, releases her kaleidoscopic debut album, [*Songs From A Thousand Frames Of Mind*](#), today on Ghostly International. Written during a period of transience and change, *Songs From A Thousand Frames Of Mind* was made to resemble a mixtape, and casts a collage-like vision that's instantly memorable and uniquely mystifying. Inspired by the sounds of the 1960s, Bollinger and her band — including collaborators Jacob Grissom, Adam Brisbin, Matthew E. White, and Sam Evian — have crafted a collection of pop songs, polished yet scrappy with an underlying punk spirit, navigating life, relationships, and growing up.